





Food insecurity "around" the pregnancy period

Dr Zoë Bell

Postdoctoral Research Fellow
Department of Nutritional Sciences
King's College London

Email: zoe.bell@kcl.ac.uk

X: @ZoBell20

Food insecurity: special considerations for women

Socioeconomic factors

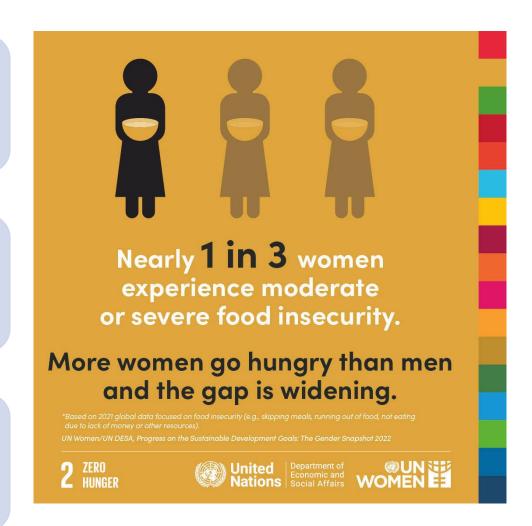
- Low-income
- Working conditions
- Main carers at the households

Nutritional demands

- Menstrual
- Pregnancy
- Lactation

Physiological impacts

- Impacts on dietary intake, weight, mental health
- Pregnancy complications



To explore women & children's experiences of food insecurity and its impact on their nutrition, health & wellbeing

Open access Protocol

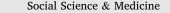
BMJ Open Food insecurity and the nutritional health and well-being of women and children in high-income countries: protocol for a qualitative systematic review

Zoe Bell [©], Steph Scott, Shelina Visram, Judith Rankin, Clare Bambra, Nicola Heslehurst

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Experiences and perceptions of nutritional health and wellbeing amongst food insecure women in Europe: A qualitative meta-ethnography

Zoë Bell , Steph Scott, Shelina Visram, Judith Rankin, Clare Bambra, Nicola Heslehurst Population Health Sciences Institute, Newcastle University, Newcastle Upon Tyne, NEI 4LP, UK

PLOS ONE

RESEARCH ARTICLE

Children's nutritional health and wellbeing in food insecure households in Europe: A qualitative meta-ethnography

Zoë Bello*, Steph Scott, Shelina Visram, Judith Rankin, Clare Bambra, Nicola Heslehurst

Population Health Sciences Institute, Newcastle University, Newcastle upon Tyne, United Kingdom

* z.bell2@ncl.ac.uk

Key findings

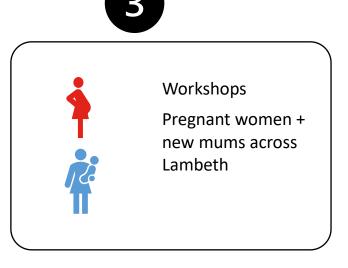
- Food insecurity becomes embedded and embodied into women's everyday lives
- Experiences both during and after pregnancy are missing from the European evidence base
- Impact of food insecurity on infant feeding practices is missing from the European evidence base; little UK evidence
- Lone mothers and migrant women were particularly vulnerable to more severe experiences of food insecurity as the only groups of women to articulate resignment to food insecurity

Postdoctoral fellowship: Food insecurity and health in the first 1,001 days



across Lambeth















Thank you

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